



Adult Wiffle Ball League Covid-19 Guidelines

We look forward to having you or your registered participant be a part of the Adult Wiffle Ball League program!

Remember: if you are feeling sick, be North Dakota Smart and stay home! Once a program begins, the West Fargo Park District will issue a credit/refund in the case of illness.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestions or runny nose, nausea or vomiting, and/or diarrhea. The West Fargo Park District will not be checking the temperatures of all participants, but we do have the ability to do so if this is deemed necessary.

It is important to remember that anyone who has close contact with someone with COVID-19 should stay home for 14 days after exposure based on the time it takes to develop illness!

Participants Responsibilities

- Facemasks will be required as you move about the facility. While you are playing wiffle ball, facemasks are not required. As soon as you are done playing or are moving around the facility, we ask you wear a facemask.
- Sanitizer will be available in the facility.
- Avoid touching eyes, nose, and mouth.
- Practice social distancing, staying at least 6 ft apart.
- Players should consider wearing batting gloves when handling a bat.
- DO NOT come to baseball if participant has a temperature of 100.4 or higher or is experiencing signs of Covid-19.
- NO SUNFLOWER SEEDS ALLOWED IN RUSTAD.
- No high fives, fist bumps, handshakes and team huddles.
- After a game is finished, please exit the field as quick as possible.

Equipment

- Official Wiffle Ball Bats and official Wiffle Balls will be supplied.
 - Players may have their own bat but must be an official wiffle ball bat.
 - If hole on the bottom, it must be kept open.
 - Tape is allowed only on the handle.
- WFPD equipment will be sanitized each game. Cleaning product will be available if you choose to clean equipment between participant usage.

Spectators

- Spectators are allowed to watch the games. No spectator limit at this time. Facemasks are REQUIRED to be worn at all times by spectators in the facility.
- WFPD HIGHLY RECOMMENDS those with underlying health conditions to stay home.
- Practice social distancing, staying at least 6ft. part from other spectators.
- **BRING YOUR OWN LAWN CHAIR AS THERE WILL BE NO SEATING AVAILABLE.**
- NO SUNFLOWER SEEDS ALLOWED IN RUSTAD.

Employee Responsibilities

- Facemasks are REQUIRED to be worn by staff at all times.
- Wash hands regularly with soap and water. When washing is not possible, hand sanitizer shall be utilized.

- Avoid touching eyes, nose, and mouth.

Restrooms

- Restrooms will be available.
- Drinking fountains are available to fill water bottles but not drink from.
- Use proper hand washing protocols before returning to Wiffle Ball.

Severe Weather

- In case of inclement weather, please call our weather cancellation line at 701-551-7138.

***All Covid-19 guidelines are subject to change.*