

WEST FARGO PARK DISTRICT

YOUTH SOCCER LEAGUE COVID-19 GUIDELINES

The West Fargo Park District looks forward to having you and your participant participate in the Youth Soccer League! Please take a moment to review the COVID-19 Guidelines for the Youth Soccer League.

People with COVID-19 display a wide range of symptoms ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with the following symptoms may have COVID-19: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestions or runny nose, nausea or vomiting, and diarrhea. Temperature checks will not be taking place, however we do have the ability to do so if deemed necessary. It is important to remember that anyone who has had close contact with someone with COVID-19 should stay home for 14 days after exposure based on the time it takes to develop illness.

Remember: If you feel sick or are concerned you may have been exposed to COVID-19, please stay home! Once a program begins, the West Fargo Park District will **NOT issue a credit/refund in the case of illness, or stoppage of the league.**

PARTICIPANTS RESPONSIBILITIES

- Personal protective equipment (PPE)/Face masks are required while playing/spectating (due to mask mandate in North Dakota).
- Those participants with a confirmed medical condition that affects breathing are NOT required to wear a mask while playing.
- Wash hands regularly with soap and water. When washing is not possible, hand sanitizer should be utilized. Sanitizer will be available in Rustad, but we highly recommend you supply your own.
- No high fives, fist bumps, handshakes and team huddles. Avoid touching eyes, nose, and mouth.
- Practice social distancing, maintaining at least a 6' distance from others while on the bleachers/track during practice/games.
- Do not come to Soccer if participant has a temperature of 100.4 or higher or is experiencing signs of Covid-19.

SPECTATORS

- ***The following spectator regulations will be enforced for each Risk Level that Cass County placed in:***
ORANGE (HIGH RISK) ZONE: One Family member per player allowed in the turf during games.
YELLOW (MODERATE) ZONE: Two family members per player allowed in the turf during games.
GREEN (LOW RISK) ZONE: Three family members per player allowed in the turf during games.
- All siblings must to be monitored by an adult throughout the game/practice.
- It is HIGHLY RECOMMENDED that those with underlying health conditions to stay home.
- Practice social distancing and stay at least 6' apart from other spectators. Face masks are REQUIRED.

EMPLOYEE RESPONSIBILITIES

- **Wear proper required personal protective equipment (PPE) when within 6ft of players. PPE is highly required for staff.**
- Wash hands regularly with soap and water. When washing is not an option, hand sanitizer will be available.
- No high fives, fist bumps, handshakes and team huddles. Avoid touching eyes, nose, and mouth.

RESTROOMS/WATER FOUNTAINS

- Restrooms will be available only during WFPD soccer programs. Please use proper hand washing protocol.
- PARTICIPANTS SHOULD BRING YOUR OWN WATER BOTTLE. WATER FOUNTAINS IN THE FACILITY WILL BE TURNED OFF.

All Covid-19 guidelines are subject to change.