

## Evening Tball Rules

### T-ball

- Learning basics, swing, running bases, how to catch and throw, etc.
- Players hit off a tee. New this year: 2-3 weeks in those who are ready, coaches will attempt to pitch 3 balls to batters and if player doesn't hit the ball after 3 pitches, coaches will place a tee in front of the batter.
- Everyone bats through the lineup and switches
- Everyone on base runs around the bases on the last batter
- Everyone plays defense at a cone
- Everyone needs to switch cones every inning if possible
- No outs or strikeouts
- Helmets are now needed for Tball since we are pitching to the batters. Helmets can be purchased at Rustad Recreation Center, 601 26<sup>th</sup> Ave E West Fargo during normal business hours for \$15. If you don't purchase one, Parks will provide helmets.
- No end of the season tournament