


# JANUARY

## RUSTAD OPEN GYM SCHEDULE (UPDATED 1/7/19)

**OPEN**  
is for all ages, but youth under 10 must be supervised by a parent or guardian in the same gym.

**ADULT**  
is for participants 18 and older.

**FAMILY**  
is for participating youth up to 17 supervised by a parent or guardian in the same gym.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 RUSTAD CLOSED FOR HOLIDAY	2 OPEN BASKETBALL 3:00-5:00 PM • GYM 1 + GYM 2	3 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-5:00 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 4:00-8:30 PM • FLEX GYM	4 ADULT PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 3:00-5:30 PM • GYM 1 + GYM 2 FAMILY OPEN GYM/PLAYTIME 6:00-8:30 PM • GYM 1 + GYM 2	5 FAMILY OPEN GYM/PLAYTIME 10:00 AM-12:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 12:30-3:00PM • GYM 1 + GYM 2 OPEN PICKLEBALL 3:30-5:30 PM • GYM 1 + GYM 2	6 OPEN PICKLEBALL 10:00 AM-12:00 PM • GYM 1 FAMILY OPEN GYM/PLAYTIME 12:30-3:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:30-5:30 PM • GYM 1 + GYM 2
7 ADULT PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 3:00-5:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 4:00-5:30 PM • FLEX GYM ADULT PICK-UP BASKETBALL 7:00-8:30 PM • GYM 1 + GYM 2	8 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-5:00 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 4:00-8:30 PM • FLEX GYM	9 OPEN BASKETBALL 3:00-6:30 PM • GYM 1 + GYM 2 ADULT PICK-UP BASKETBALL 7:00-8:30 PM • GYM 1 + GYM 2	10 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-5:00 PM • GYM 1 + GYM 2 OPEN VOLLEYBALL 5:00-8:30 PM • FLEX GYM	11 ADULT PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 3:00-5:30 PM • GYM 1 + GYM 2 FAMILY OPEN GYM/PLAYTIME 6:00-8:30 PM • GYM 1 + GYM 2	12 NO OPEN GYM ACTIVITIES DUE TO BASKETBALL TOURNAMENT	13 OPEN PICKLEBALL 10:00 AM-12:00 PM • GYM 1 FAMILY OPEN GYM/PLAYTIME 12:30-3:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:30-5:30 PM • GYM 1 + GYM 2
14 ADULT PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 3:00-5:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 4:00-5:30 PM • FLEX GYM ADULT PICK-UP BASKETBALL 7:00-8:30 PM • GYM 1 + GYM 2	15 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-5:00 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 4:00-8:30 PM • FLEX GYM	16 OPEN BASKETBALL 3:00-6:30 PM • GYM 1 + GYM 2 ADULT PICK-UP BASKETBALL 7:00-8:30 PM • GYM 1 + GYM 2	17 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-6:30 PM • GYM 1 + GYM 2 OPEN VOLLEYBALL 5:00-8:30 PM • FLEX GYM OPEN PICKLEBALL 7:00-8:30 GYM 1 + 2	18 ADULT PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 3:00-5:30 PM • GYM 1 + GYM 2 OPEN VOLLEYBALL 6:00-8:30 PM • GYM 1 + GYM 2	19 NO OPEN GYM ACTIVITIES DUE TO VOLLEYBALL TOURNAMENT	20 NO OPEN GYM ACTIVITIES DUE TO VOLLEYBALL TOURNAMENT
21 ADULT PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 3:00-5:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 4:00-5:30 PM • FLEX GYM ADULT PICK-UP BASKETBALL 7:00-8:30 PM • GYM 1 + GYM 2	22 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-5:00 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 4:00-8:30 PM • FLEX GYM	23 OPEN BASKETBALL 3:00-6:30 PM • GYM 1 + GYM 2 ADULT PICK-UP BASKETBALL 7:00-8:30 PM • GYM 1 + GYM 2	24 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-6:30 PM • GYM 1 + GYM 2 OPEN VOLLEYBALL 5:00-8:30 PM • FLEX GYM OPEN PICKLEBALL 7:00-8:30 GYM 1 + 2	25 ADULT PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 3:00-5:30 PM • GYM 1 + GYM 2 FAMILY OPEN GYM/PLAYTIME 6:00-8:30 PM • GYM 1 + GYM 2	26 FAMILY OPEN GYM/PLAYTIME 10:00 AM-12:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 12:30-3:00PM • GYM 1 + GYM 2 OPEN PICKLEBALL 3:30-5:30 PM • GYM 1 + GYM 2	27 OPEN PICKLEBALL 10:00 AM-12:00 PM • GYM 1 + GYM 2 FAMILY OPEN GYM/PLAYTIME 12:30-3:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:30-5:30 PM • GYM 1 + GYM 2
28 ADULT PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 3:00-5:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 4:00-5:30 PM • FLEX GYM ADULT PICK-UP BASKETBALL 7:00-8:30 PM • GYM 1 + GYM 2	29 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-4:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 4:00-8:30 PM • FLEX GYM	30 OPEN BASKETBALL 3:00-4:30 PM • GYM 1 + GYM 2 OPEN VOLLEYBALL 5:00-6:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 4:00-8:30 FLEX GYM	31 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-4:30 PM • GYM 1 + GYM 2 OPEN VOLLEYBALL 5:00-8:30 PM • FLEX GYM OPEN PICKLEBALL 7:00-8:30 GYM 1 + 2			

All gym schedules for the Rustad Recreation Center are subject to change without notice. Assigned gym locations are also subject to change based on staff discretion.

# OPEN

is for all ages, but youth under 10 must be supervised by a parent or guardian in the same gym.

# ADULT

is for participants 18 and older.

# FAMILY

is for participating youth up to 17 supervised by a parent or guardian in the same gym.

All gym schedules for the Rustad Recreation Center are subject to change without notice. Assigned gym locations are also subject to change based on staff discretion.

Each category of open gym is assigned a specific age group as defined above. Please be aware of these age groups before attending an open gym session. If you do not meet the age requirements, you will be asked to leave.

For family and open gym sessions, parents or guardians must be in the same gym, and may not supervise their youth from the walking track.

The West Fargo Park District is not responsible for lost/stolen items. After an open gym, the gyms will be locked and cleaned before the next session. No outside food or drink is allowed inside the facility besides water bottles. During all scheduled open gym times, organized practices or training is not permitted. Gym space is available to rent for these activities by calling (701) 433-5360. Additional gym rules can be found on the wall in Gym 1 and on our website at [wfparks.org](http://wfparks.org).

