


# NOVEMBER

## RUSTAD OPEN GYM SCHEDULE (UPDATED 11/8)

**OPEN**  
is for all ages, but youth under 10 must be supervised by a parent or guardian in the same gym.

**ADULT**  
is for participants 18 and older.

**FAMILY**  
is for participating youth up to 17 supervised by a parent or guardian in the same gym.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-4:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 5:00-8:30 PM • FLEX GYM	2 PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 3:00-5:00 PM • GYM 1 + GYM 2 FAMILY OPEN GYM/PLAYTIME 5:30-7:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 7:15-8:30 PM • GYM 1 + GYM 2	3 NO OPEN GYM ACTIVITIES DUE TO PARK DISTRICT PROGRAMING	4 OPEN PICKLEBALL 10:00 AM-12:00 PM • GYM 1 FAMILY OPEN GYM/PLAYTIME 12:30-3:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:30-5:30 PM • GYM 1 + GYM 2
5 NO OPEN GYM ACTIVITIES DUE TO CONSTRUCTION	6 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-4:30 PM • GYM 1 + GYM 2	7 OPEN BASKETBALL 3:00-6:30 PM • GYM1 + GYM 2 OPEN VOLLEYBALL 6:00-8:30 PM • FLEX GYM ADULT PICK-UP BASKETBALL 7:00-8:30 PM • GYM 1 + GYM 2	8 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-4:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 5:00-8:30 PM • FLEX GYM	9 PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 3:00-5:00 PM • GYM 1 + GYM 2 FAMILY OPEN GYM/PLAYTIME 5:30-7:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 7:15-8:30 PM • GYM 1 + GYM 2	10 NO OPEN GYM ACTIVITIES DUE TO PARK DISTRICT PROGRAMING	11 OPEN PICKLEBALL 10:00 AM-12:00 PM • GYM 1 FAMILY OPEN GYM/PLAYTIME 12:30-3:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:30-5:30 PM • GYM 1 + GYM 2
12 PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 1:30-4:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 5:00-8:30 PM • FLEX GYM	13 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-4:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 5:00-8:30 PM • FLEX GYM	14 FAMILY OPEN GYM/PLAYTIME 3:00-6:30 PM • GYM 1 OPEN VOLLEYBALL 6:00-8:30 PM • FLEX GYM ADULT PICK-UP BASKETBALL 7:00-8:30 PM • GYM 1 + GYM 2	15 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-4:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 5:00-8:30 PM • FLEX GYM	16 NO OPEN GYM ACTIVITIES DUE TO PARK DISTRICT PROGRAMING	17 NO OPEN GYM ACTIVITIES DUE TO PARK DISTRICT PROGRAMING	18 OPEN PICKLEBALL 10:00 AM-12:00 PM • GYM 1 + GYM 2 FAMILY OPEN GYM/PLAYTIME 12:30-3:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:30-5:30 PM • GYM 1 + GYM 2
19 PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 3:00-4:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 5:00-8:30 PM • FLEX GYM	20 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-4:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 5:00-8:30 PM • FLEX GYM	21 OPEN BASKETBALL 1:00-5:30 PM • GYM1 + GYM 2	22 CLOSED FOR THANKSGIVING	23 OPEN BASKETBALL 1:00-4:30 PM • GYM 1 + GYM 2	24 OPEN PICKLEBALL 10:00 AM-12:00 PM • GYM 1 + GYM 2 FAMILY OPEN GYM/PLAYTIME 12:30-3:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:30-5:30 PM • GYM 1 + GYM 2	25 OPEN PICKLEBALL 10:00 AM-12:00 PM • GYM 1 + GYM 2 FAMILY OPEN GYM/PLAYTIME 12:30-3:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:30-5:30 PM • GYM 1 + GYM 2
26 PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 1:30-4:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 5:00-8:30 PM • FLEX GYM	27 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-4:30 PM • GYM 1 + GYM 2	28 OPEN BASKETBALL 3:00-6:30 PM • GYM1 + GYM 2 OPEN VOLLEYBALL 5:00-8:30 PM • FLEX GYM ADULT PICK-UP BASKETBALL 7:00-8:30 PM • GYM 1 + GYM 2	29 FAMILY OPEN GYM/PLAYTIME 1:00-2:30 PM • GYM 1 + GYM 2 OPEN BASKETBALL 3:00-4:30 PM • GYM 1 + GYM 2 OPEN PICKLEBALL 5:00-8:30 PM • FLEX GYM	30 PICK-UP BASKETBALL 12:00-1:30 PM • GYM 2 OPEN BASKETBALL 3:00-5:00 PM • GYM 1 + GYM 2 FAMILY OPEN GYM/PLAYTIME 5:30-7:00 PM • GYM 1 + GYM 2 OPEN BASKETBALL 7:15-8:30 PM • GYM 1 + GYM 2		

# DECEMBER

## RUSTAD OPEN GYM SCHEDULE

**OPEN**  
is for all ages, but youth under 10 must be supervised by a parent or guardian in the same gym.

**ADULT**  
is for participants 18 and older.

**FAMILY**  
is for participating youth up to 17 supervised by a parent or guardian in the same gym.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
					NO OPEN GYM ACTIVITIES DUE TO PARK DISTRICT PROGRAMING	NO OPEN GYM ACTIVITIES DUE TO PARK DISTRICT PROGRAMING
3	4	5	6	7	8	9
<b>PICK-UP BASKETBALL</b> 12:00-1:30 PM • GYM 2 <b>OPEN BASKETBALL</b> 3:00-4:30 PM • GYM 1 + GYM 2 <b>OPEN PICKLEBALL</b> 4:00-8:30 PM • FLEX GYM	<b>FAMILY OPEN GYM/PLAYTIME</b> 1:00-2:30 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 3:00-4:30 PM • GYM 1 + GYM 2 <b>OPEN VOLLEYBALL</b> 5:00-8:30 PM • FLEX GYM	NO OPEN GYM ACTIVITIES DUE TO PARK DISTRICT PROGRAMING	<b>FAMILY OPEN GYM/PLAYTIME</b> 1:00-2:30 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 3:00-4:30 PM • GYM 1 + GYM 2 <b>OPEN PICKLEBALL</b> 4:00-8:30 PM • FLEX GYM	<b>PICK-UP BASKETBALL</b> 12:00-1:30 PM • GYM 2 <b>OPEN BASKETBALL</b> 3:00-5:00 PM • GYM 1 + GYM 2 <b>FAMILY OPEN GYM/PLAYTIME</b> 5:30-7:00 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 7:15-8:30 PM • GYM 1 + GYM 2	NO OPEN GYM ACTIVITIES DUE TO PARK DISTRICT PROGRAMING	<b>OPEN PICKLEBALL</b> 10:00 AM-12:00 PM • GYM 1 <b>FAMILY OPEN GYM/PLAYTIME</b> 12:30-3:00 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 3:30-5:30 PM • GYM 1 + GYM 2
10	11	12	13	14	15	16
<b>PICK-UP BASKETBALL</b> 12:00-1:30 PM • GYM 2 <b>OPEN BASKETBALL</b> 3:00-4:30 PM • GYM 1 + GYM 2 <b>OPEN PICKLEBALL</b> 4:00-8:30 PM • FLEX GYM	<b>FAMILY OPEN GYM/PLAYTIME</b> 1:00-2:30 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 3:00-4:30 PM • GYM 1 + GYM 2	<b>OPEN BASKETBALL</b> 3:00-6:30 PM • GYM 1 + GYM 2 <b>ADULT PICK-UP BASKETBALL</b> 7:00-8:30 PM • GYM 1 + GYM 2	<b>FAMILY OPEN GYM/PLAYTIME</b> 1:00-2:30 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 3:00-4:30 PM • GYM 1 + GYM 2 <b>OPEN PICKLEBALL</b> 4:00-8:30 PM • FLEX GYM	<b>PICK-UP BASKETBALL</b> 12:00-1:30 PM • GYM 2 <b>OPEN BASKETBALL</b> 3:00-5:00 PM • GYM 1 + GYM 2 <b>FAMILY OPEN GYM/PLAYTIME</b> 5:30-7:00 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 7:15-8:30 PM • GYM 1 + GYM 2	NO OPEN GYM ACTIVITIES DUE TO PARK DISTRICT PROGRAMING	NO OPEN GYM ACTIVITIES DUE TO PARK DISTRICT PROGRAMING
17	18	19	20	21	22	23
<b>FAMILY OPEN GYM/PLAYTIME</b> 1:00-2:30 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 3:00-6:30 PM • GYM 1 + GYM 2 <b>OPEN PICKLEBALL</b> 4:00-8:30 PM • FLEX GYM <b>ADULT PICK-UP BASKETBALL</b> 7:00-8:30 PM • GYM 1 + GYM 2	<b>FAMILY OPEN GYM/PLAYTIME</b> 1:00-2:30 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 3:00-6:30 PM • GYM 1 + GYM 2 <b>OPEN VOLLEYBALL</b> 5:00-8:30 PM • FLEX GYM <b>OPEN PICKLEBALL</b> 7:00-8:30PM • GYM 1 + 2	<b>OPEN BASKETBALL</b> 3:00-6:30 PM • GYM 1 + GYM 2 <b>OPEN PICKLEBALL</b> 4:00-8:30 PM • FLEX GYM <b>ADULT PICK-UP BASKETBALL</b> 7:00-8:30 PM • GYM 1 + GYM 2	<b>FAMILY OPEN GYM/PLAYTIME</b> 1:00-2:30 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 3:00-6:30 PM • GYM 1 + GYM 2 <b>OPEN VOLLEYBALL</b> 5:00-8:30 PM • FLEX GYM <b>OPEN PICKLEBALL</b> 7:00-8:30 GYM 1 + 2	<b>PICK-UP BASKETBALL</b> 12:00-1:30 PM • GYM 2 <b>OPEN BASKETBALL</b> 3:00-5:00 PM • GYM 1 + GYM 2 <b>FAMILY OPEN GYM/PLAYTIME</b> 5:30-7:00 PM • GYM 1 + GYM 2 <b>OPEN VOLLEYBALL</b> 7:15-8:30 PM • GYM 1 + GYM 2	NO OPEN GYM ACTIVITIES DUE TO VOLLEYBALL TOURNAMENT	<b>OPEN PICKLEBALL</b> 10:00 AM-12:00 PM • GYM 1 + GYM 2 <b>FAMILY OPEN GYM/PLAYTIME</b> 12:30-3:00 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 3:30-5:30 PM • GYM 1 + GYM 2
24	25	26	27	28	29	30
RUSTAD CLOSED	RUSTAD CLOSED	<b>OPEN BASKETBALL</b> 2:00-6:30 PM • GYM1 + GYM 2 <b>OPEN PICKLEBALL</b> 4:00-8:30 PM • FLEX GYM <b>ADULT PICK-UP BASKETBALL</b> 7:00-8:30 PM • GYM 1 + GYM 2	<b>FAMILY OPEN GYM/PLAYTIME</b> 1:00-2:30 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 3:00-6:30 PM • GYM 1 + GYM 2 <b>OPEN VOLLEYBALL</b> 5:00-8:30 PM • FLEX GYM <b>OPEN PICKLEBALL</b> 7:00-8:30 GYM 1 + 2	<b>PICK-UP BASKETBALL</b> 12:00-1:30 PM • GYM 2 <b>OPEN BASKETBALL</b> 2:00-6:00 PM • GYM 1 + GYM 2 <b>FAMILY OPEN GYM/PLAYTIME</b> 6:30-8:30 PM • GYM 1 + GYM 2	<b>FAMILY OPEN GYM/PLAYTIME</b> 10:00 AM-12:00 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 12:30-3:00PM • GYM 1 + GYM 2 <b>OPEN PICKLEBALL</b> 3:30-5:30 PM • GYM 1 + GYM 2	<b>OPEN PICKLEBALL</b> 10:00 AM-12:00 PM • GYM 1 + GYM 2 <b>FAMILY OPEN GYM/PLAYTIME</b> 12:30-3:00 PM • GYM 1 + GYM 2 <b>OPEN BASKETBALL</b> 3:30-5:30 PM • GYM 1 + GYM 2

# OPEN

is for all ages, but youth under 10 must be supervised by a parent or guardian in the same gym.

# ADULT

is for participants 18 and older.

# FAMILY

is for participating youth up to 17 supervised by a parent or guardian in the same gym.

All gym schedules for the Rustad Recreation Center are subject to change without notice. Assigned gym locations are also subject to change based on staff discretion.

Each category of open gym is assigned a specific age group as defined above. Please be aware of these age groups before attending an open gym session. If you do not meet the age requirements, you will be asked to leave.

For family and open gym sessions, parents or guardians must be in the same gym, and may not supervise their youth from the walking track.

The West Fargo Park District is not responsible for lost/stolen items. After an open gym, the gyms will be locked and cleaned before the next session. No outside food or drink is allowed inside the facility besides water bottles. During all scheduled open gym times, organized practices or training is not permitted. Gym space is available to rent for these activities by calling (701) 433-5360. Additional gym rules can be found on the wall in Gym 1 and on our website at [wfparks.org](http://wfparks.org).

